



JOYA® APPLE COTTAGE CHEESE TOAST

Ingredients:

1 slice sourdough bread

2 tbsp cottage cheese

½ Joya® apple, thinly sliced

1 tsp honey

Optional: cinnamon or nuts for topping

Method:

1. Toast the sourdough until golden.
2. Spread cottage cheese evenly on top.
3. Layer Joya® apple slices for a crunchy, juicy bite.
4. Drizzle with honey and sprinkle cinnamon or nuts if you're feeling fancy.