



Created By:

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JOYA® APPLE ICED TEA

Makes about 1 litre

Ingredients:

- 6 Rooibos tea bags
- 2 thick slices fresh ginger
- 2 small or 1 large cinnamon stick, halved
- 15-30 ml (1-2 tbsp) honey
- 1 litre (4 cups) boiling water
- 2 Joya® apples in the skin, halved and thinly sliced
- Ice cubes

Method:

1. Place tea bags, ginger, cinnamon and honey in a large jug.
2. Pour boiling water over and allow to cool. Infuse for a few hours or overnight in the fridge.
3. Remove the tea bags, ginger and cinnamon. Serve cold with slices of apple and ice.