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# JOYA® APPLE KEBAB SARMIES

Makes 4 large kebabs

## Ingredients:

Butter for spreading

4 slices wholewheat bread

1 Joya® apple in the skin, halved and cut into thin slices

$\frac{1}{4}$  cucumber, halved and thinly sliced

Large handful lettuce

6 slices sandwich ham

Slices white cheddar cheese

Extra Joya® apple wedges

## Method:

1. Butter each slice of bread on one side. On two of the slices, layer apple slices, cucumber, lettuce, ham and cheese. Or use your favourite combination of these ingredients.
2. Close the two sandwiches with the remaining slices and cut in quarters.
3. Skewer sandwich quarters onto long kebab sticks with extra apple wedges, more cucumber and lettuce in between. Enjoy as a light meal or snack on the go.